

Beléde Journey of Heart



Experience the Mystery of the Sacred through the Spirit and Art of Beléde

Dance to Awaken the deep Joys and Jewels within the Heart

The Initiation

A portal for all women who are called to the dance.

Wednesdays 7 ~ 8:30 pm

January 6 – February 10

The Sacred Vessel

Wednesdays 7 ~ 8:30 pm

February 24 – March 24

*Classes are offered as Seva
Suggested donation \$10 - \$20 / class*

**Dancers are invited to make a heart
commitment to the journey. To honor the
vessel of the class with integrity, please
arrive on time and plan to attend all
classes in the session.
You may like to bring a journal
and a hip scarf.*

Ha Jina `RoseZahra

Center of the Four Winds Studio

125 South Carroll St. Suite 225

Frederick Maryland 21701

www.centerofthefourwindsstudio.com

301-663-0373

