

Trance Dance & Drum for Men



Calling all rebels and rhythmically challenged souls to an expression of dance.
Awaken the elemental qualities of the Sacred Masculine; explore the inherent rhythms within you. We are All born dancing, no Body can resist music and movement.... Trance dance is pure alchemy dissolving the obstacles of the mind, belief patterns, thought constructs and samskaras freeing us into an ecstatic state ~ Jai Jai Ganesha

You may like to bring drums, percussives and didjs to enhance the vibes

7:00 – 8:30pm

Oct 26, Nov 23

Center of the Four Winds Studio 125 S Carroll St Frederick MD 21701
301-663-0373

www.centerofthefourwindsstudio.com